

and Asparagus

Kalamata olives

Lunch/Dinner

189 H Street, Petaluma **2**707.778.6060



\$8.95

\$5.95

Homemade Soup

Cup of Soup	\$4.25	Bowl of Soup	\$5.50
Bowl of Soup & House Salad	\$8.95	Bowl of Turkey Chili & House Salad	\$9.50
Cup of Turkey Chili	\$4.50	Bowl of Turkey Chili	\$6.25

Appetizers

Mediterranean Plate: Falafel, Kalamata olives, hummus, baba ganoush with artisan flatbread	\$8.75
Brie Plate served with dried figs and cranberries	\$8.75
Scott's Quesadilla with chicken, roasted red bell peppers, pesto, Gruyere cheese	\$7.75
Chicken Avocado Quesadilla with Gruyere cheese	\$7.75
Eggplant Quesadilla with red roasted peppers, basil, Gruyere cheese	\$7.75
Artichoke Quesadilla with fresh basil, Gruyere cheese, red peppers	\$7.75
Hummus Plate served with artisan flatbread	\$7.75

Wraps on Tomato Tortilla

Thai Chicken – Brown Rice, ginger, coleslaw	\$9.25	Caesar Chicken Wrap	\$9.25
and Peanut Sauce			
Hummus - Lettuce, tomato, cucumber, Tahini,	\$9.25	Falafel - Lettuce, tomato, cucumber,	\$9.25
sprouts in a tomato tortilla		hummus, Tahini in a tomato tortilla	
Garden Wrap – Brown Rice, Hummus,	\$9.25		
Tomato, Sprouts, Cucumbers, roasted Peppers			

Artisan Flatbread Pizza

add a side of a	organic greens for \$	52.25 or Caesar salaa for \$3.25	
Aqus - smoked duck breast, fig relish, caramelized onion, brie cheese, gorgonzo crumbles	ola 's	'hai Flatbread - Zoe's turkey breast, satay auce, gruyere and Cow Girl blue cheese, red peppers, and onions	\$7.45
Farmer's - ham, bacon, BBQ bleu cheese sauce, blend of cheddar and jack cheese smoked red peppers, and caramelized or	es, ' h	/eggie– Portobello, sundried tomato, nomemade pesto sauce, caramelized onions, ed peppers, Gruyere, goat cheese.	\$7.45
Classic - Zoe's pepperoni, tomato sauce mozzarella		Smoked Chicken - Smoked chicken, pesto, goat cheese	\$7.45
Mediterranean - Grilled chicken, yogurt sauce, blend of feta and goat cheeses, artichoke hearts, capers, sun dried tomate	•		

Salads	
Salmon Niçoise – Grilled salmon, boiled egg, green beans, potatoes, olives, capers and with our authentic French vinaigrette	\$11.50
Traditional Niçoise - White Albacore tuna , egg, green beans, potatoes, olives, capers with our authentic French vinaigrette	\$9.95
Classic Cobb - Romaine, topped with broiled chicken breast, crumbled bacon, blue cheese, avocado, tomato and hard boiled eggs	\$11.25
Asian Chicken - Red Cabbage, lettuce, cucumber, almonds, soft angel-hair pasta with a ginger dressing	\$9.95
Spinach Bacon Gorgonzola - Spinach, bacon, Gorgonzola, tomato and pecans with balsamic vinaigrette	\$9.95
Michael 's - Smoked chicken w/ organic mixed greens, spinach, dried cherries, pecans and Point Reyes blue cheese	\$10.25
Smoked Trout - Smoked trout, organic mixed greens, avocado, cranberries and balsamic vinaigrette	\$10.25
Classic Spinach – Bacon, egg and cherry tomatoes on a bed of spinach	\$9.95
Vegetarian Salads	
Veggie Lovers Salad - Roasted asparagus, roasted sweet peppers, eggplant, Portabella mushroom, goat cheese and sundried tomato on a bed of mixed greens	\$9.95
Spinach Cranberry Walnut - Spinach, cranberries, walnuts, Point Reyes blue cheese with a raspberry vinaigrette	\$9.95
Spinach Fig - Spinach, figs, goat cheese, tomato and pecans with a balsamic vinaigrette	\$9.95
Goat Cheese - Organic mixed greens, tomato, goat cheese, pecans, with a sweet mint dressing	\$9.95

goat cheese and sundried tomato on a bed of mixed greens	
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Aqus.com - Organic greens, pears, pecans, Point Reyes blue cheese and tomatoes with a balsamic vinaigrette	\$9.95
Greek - Romaine, tomato, cucumber, red onions, Kalamata olives and Feta cheese, with a	\$9.95

Caesar - Romaine, croutons, fresh parmesan cheese, authentic Caesar dressing – Add

House salad – Organic greens, tomatoes, cucumbers, olives, artichoke hearts

chicken \$ 2.00 or Salmon \$ 3.00



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Entrées (add a green salad for \$3)	
Chicken Teriyaki Bowl - Grilled chicken breast brown rice, asparagus, peppers, portabella mushroom with a Teriyaki glaze and topped with toasted sesame seeds Salmon Teriyaki \$11.25 Tempeh Teriyaki \$9.95	\$10.25
Eggplant Parmesan - With a classic Marinara sauce	\$10.25
Meat Lasagna - Made with Italian sausage	\$10.25
Polenta Pie - With pesto, mushrooms and cheese	\$10.25
Chicken Enchilada Casserole - With a classic cream sauce	\$10.25
All Sandwiches and Paninis served with organic mixed greens, Substitute a cup of soup for \$1.50 extra - Gluten free bread available 50¢ Paninis	
Sonoma Smoked Duck with Dijon mayonnaise, caramelized onions, organic mixed greens and Gruvere cheese	\$10.50

and Groyere cheese	
Spicy Chipotle Tri Tip with caramelized onions, tomatoes and aged Pacific Blue cheese	\$10.50
Classic Reuben - Corned beef, Sauerkraut, Swiss cheese and Thousand Island dressing	\$10.25
Ham, Turkey or Chicken with tomato, Gruyere cheese with lemon aioli or the Aqus fig relish	\$9.95
Ham with tomato, Brie cheese and our sun-dried tomato tapenade	\$9.95
Turkey with roasted red peppers, Swiss cheese and pesto	\$9.95
Chicken Pesto topped with roasted red peppers and Provolone cheese	\$9.95
Grilled Chicken Breast with sun-dried tomatoes, lemon aioli and Provolone or Brie cheese	\$9.95
BBQ Chicken Breast with onions, bell peppers, jalapenos, Gruyere cheese	\$9.95

Vegetarian/Vegan Paninis

\$9.75
\$9.75
\$9.75
\$9.75
\$9.75
\$9.75

Sandwichos

Sandwiches	
on Sourdough or Multi-Grain Panorama Bakery Bread	
Cobb Salad Sandwich – all the fixings of a Cobb Salad on a sandwich	\$10.25
Salmon Club – Salmon, bacon, lettuce, tomato with lemon aioli	\$10.75
Chicken BLTA - Grilled chicken, bacon, lettuce, tomato and avocado	\$9.95
AqusClub.com - Turkey, bacon, lettuce, tomato	\$9.95
Grilled Honey Roasted Turkey Sandwich - Provolone cheese, tomato, jalapenos	\$9.25
Turkey Fig - Turkey, tomato, gruyere, fig relish, lemon aioli	\$9.25
Black Forest Ham - Ham, lettuce, tomato, with lemon aioli	\$9.25
BLT – Bacon, lettuce and tomato	\$9.25
Tuna Melt - be careful with this one as you might get addicted	\$8.75
Let it Brie - Ham, Brie, lettuce, tomato with lemon aioli	\$8.75
Cory's Ironic Burger – Garden Burger w/Lettuce, tomato and Zoe's Bacon & Cheddar cheese	\$8.75
Phoebe's Delight - Turkey, Goat cheese, Sun dried Tomatoes and Jalapeno peppers	\$8.75

Vegetarian/Vegan Sandwiches	
on Sourdough or Multi-Grain Panorama Bakery Bread	
Vegetarian Club – Lettuce, hummus, tomato, avocado, sprouts and cucumber	\$8.95
Garden Sandwich – Morning Star Garden Burger, hummus, lettuce, tomato, spouts, cucumber	\$8.95
Garden Burger served with tossed organic mixed greens and balsamic vinaigrette	\$8.95
Vegan Fig – Boca Burger with fig relish, served with tossed organic mixed greens and balsamic vinaigrette, on Italian country roll	\$8.95
Ciara's – Portobello Mushroom with Pesto, Blue Cheese and avocado	\$8.95
Grilled Cheese Sandwich	\$7.25